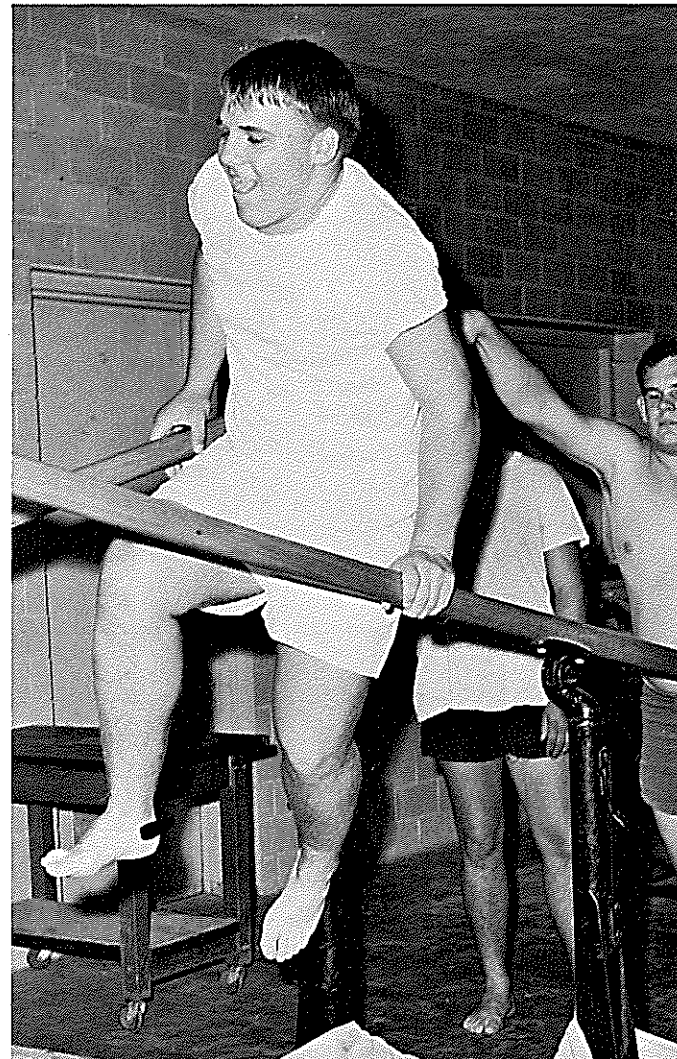




Diana Bragg and Linda Greenlee practice first aid in health class.



Sure wish they would straighten these bars.

Physical Education for Better Health

The physical education course in KHS offers a wide variety of activities including body building exercises, various competitive games, and a study in health.

Exercises help to develop fine, strong bodies and encourage students to stay in shape. Competitive games teach students how to have fun while abiding by set rules. Health teaches the understanding of ones body and a general first aid course is included.



Mrs. Alexander shows Rose Lewis archery techniques in Physical Education class.

Each is given a bag of tools,
A shapeless mass,
A book of rules;
And each must make,
Ere life is flown,
A stumbling-block
Or a stepping-stone.

-R. L. Sharpe



**Junior
High**

