Back Row (L-R): Cory F., Garrett F., Teddy F., Nick R., Coach Owen, Tate S., Chad B., Manuel R. Middle Row (L-R): Waylon L., Dominique W., Mark C., Stephen B., Michael M., Justin B., Wade R., Josh B. Front Row (L-R): Jay M., Robert P., Michael P., Hugo M., Gabriel V., Angel M., Aaron H., Issac V.



The Fast & the

FURIOUS



Michael M.

What did you like most about running the relays?

- I liked the thrill of competition.



How did you like having Coach Owen as your track coach?

- I liked how he gave me vigorous challenges. I also liked his bald head; it makes me smile.



Justin B.

How did it feel being the only guy to qualify for Regionals?

- It felt pretty AWESOME!!

Gabriel V.



Mark C. What did you like most about this track season?

- Going to Area to compete & winning some of the relays we entered.



Angel M.

What was it like making it to Area in track this year?

- It felt like I was a newborn baby rhinocerous.

Mental will is a muscle that needs exercise, just like muscles of the body. **-Lynn Jennings**

